







WE WANT YOU TO SAVE LIVES!

JOIN THE COMMUNITY HEALTH CARE VOLUNTEER TRAINING

-  Are you looking for a **meaningful way to contribute** to the society?
-  Do you have a **special place in your heart** for issues related to HIV & AIDS?
-  Do you have the **compassion** to work among marginalized groups?

-  **What do you gain?**
 - ✓ **New skills** (e.g. counseling, testing, etc.)
 - ✓ **Wider social circle**
 - ✓ **Improving your self-esteem**

Limited places available, apply to become a volunteer counselor

Deadline for application:

15th September 2013

Experience is not what happens to you; it's what you do with what happens to you. (Aldous Huxley)

Volunteer Training October 2013

DOWNLOAD REGISTRATION FORM AT: www.ptfmalaysia.org

FOR MORE INFO contact: fred@ptfmalaysia.org



Dear All,

Community Health Centre of PT Foundation is inviting motivated individuals to participate in our annual Volunteers' Training for Oct-2013.

We are looking for individuals with the following qualities:

Passionate about volunteering and helping others

Team player and ability to work with other highly energized individual

Willing to sacrifice your time to help drive PT Foundation to greater heights

With your participation in this training program, you can:

✓ Develop your skills in telephone counselling and communication

✓ Enhance your knowledge on issues pertaining to HIV/AIDS

✓ Increase your chance to meet and work with people with diverse talents and skills

✓ Increase/develop skills to provide counselling in the community

✓ Better understand the challenges in the community

If you think you have the qualities that we are looking for and you are up for a challenge, kindly register before Sunday 15th September 2013.

CHCC Management
July 2013



CHCC VOLUNTEERS' TRAINING Schedule

October 2013

21/9/2013	Thursday	7.30pm - 10.30pm	Intro to PT Foundation and Orientation to the training / Q&A session	Compulsory for all
Selection Interview (24 th & 25 th & 26 th September 2013)				Compulsory for all

***After passing the selection interview you can be qualified to become a Telephone Counsellor and VCT Counsellor at PTFoundation-Community Health Centre**

***You are required to pay RM 200 after the selection interview which covers:**

- **Administrative fees**
- **Training materials/notes**
- **Light refreshment**

BASIC 1				
Date	Day	Time	Event/ Topic	
1/10/2013	Tuesday	7.30pm - 10.30pm	Module 1 - Volunteering	Compulsory for all
2/10/2013	Wednesday	7.30pm - 10.30pm	Module 2 - Self Awareness 1	Compulsory for all
4/10/2013	Friday	7.30pm - 10.30pm	Module 3 - Self Awareness 2	Compulsory for all
5/10/2013	Saturday	11.00am - 5.30pm (1 hour for lunch)	Module 4 – Listening Skills	Compulsory for all
8/10/2013	Tuesday	7.30pm - 10.30pm	Module 5 – Feelings (Part 1)	Compulsory for all
9/10/2013	Wednesday	7.30pm - 10.30pm	Module 6 - Feelings (Part 2)	Compulsory for all
10/10/2013	Thursday	7.30pm - 10.30pm	Module 7 - Communication Skills	Compulsory for all
11/10/2013	Friday	7.30pm - 10.30pm	Module 8 – Reflection	Compulsory for all
BASIC 2				
Date	Day	Time	Event/ Topic	
15/10/2013 <i>(Hari Raya Haji but subject to change)</i>	Tuesday	7.30pm - 10.30pm	Module 9 - - Sexuality & Gender / HIV/ AIDS -HIV Transmission & Prevention -The Malaysian Epidemic	Compulsory for all
16/10/2013	Wednesday	7.30pm - 10.30pm	Module 10 / Sexually Transmitted Infections	Compulsory for all
17/10/2013	Thursday	7.30pm - 10.30pm	Module 11 – PEP/ HIV Treatment / AIDS	Compulsory for all
19/10/2013	Saturday	11.00am - 5.30pm (1 hour for lunch)	Module 12a – HIV/ AIDS Support & Care / Module 12b – Introduction to other Referral Services – HIV, Human & Sexual Rights, Legal Rights, Welfare Assistance, UN Bodies	Compulsory for all
Quiz and Evaluation Tuesday 22 nd October (7:00 pm – 8:00 pm)				Compulsory for all
Basic Interview Wednesday: 23 rd & Thursday: 24 th (6:00pm -10:00pm)				Compulsory for all



PROGRAMMATIC

Date	Day	Time	Event/ Topic	
25/10/2013	Friday	7.30pm - 10.30pm	Module 13 - Introduction To CHCC	<i>Compulsory for all</i>
26/10/2013	Saturday	11.00am - 5.30pm (1 hour for lunch)	Module 14a - Anger Management Module 14a - Crisis management	<i>Compulsory for all</i>

Pro-TC

Date	Day	Time	Event/ Topic	
29/10/2013	Tuesday	7.30pm - 10.30pm	Module 15 - Telephone Counselling Role Play (Part 1)	<i>Compulsory for TC counsellors</i>
30/10/2013	Wednesday	7.30pm - 10.30pm	Module 16 - Telephone Counselling Role Play (Part 2)	<i>Compulsory for TC counsellors</i>
31/10/2013	Thursday	7.30pm - 10.30pm	Module 17 - Telephone Counselling Role Play (Part 3 & 4)	<i>Compulsory for TC counsellors</i>
1/11/2013	Friday	7.30pm - 10.30pm	Module 18 - Telephone Counselling Role Play (Part 5)	<i>Compulsory for TC counsellors</i>
6/11/2013	Wednesday	7.30pm - 10.30pm	Module 19 - Telephone Counselling Role Play (Part 6)	<i>Compulsory for TC counsellors</i>

Pro-VCT

Date	Day	Time	Event/ Topic	
7/11/2013	Thursday	7.30pm - 10.30pm	Module 20 - Basics of VCT / Pre-test & Post-test	<i>Compulsory for VCT counsellors</i>
8/11/2013	Friday	7.30pm - 9.30pm	Module 21 - Testing Psychological Aspects of VCT (POZ & Negative clients)	<i>Compulsory for VCT counsellors</i>
9/11/2013	Saturday	11.00am - 6.00pm (1 hour for lunch)	Module 22 - VCT Admin & SOP Module 23 - VCT Role play (Practical aspect)	<i>Compulsory for VCT counsellors</i>

*The schedule is subject to change by the CHCC management

Final Interview
Tuesday 12th November

Compulsory for both TC & VCT counsellors

Malaysian Public Holidays (September-November 2013)

7 Sep (Sat)	Sarawak Governor's Birthday	Sarawak only
16 Sep (Mon)	Malaysia Day	National
5 Oct (Sat)	Sabah Governor's Birthday	Sabah only
12 Oct (Sat)	Malacca Governor's Birthday	Malacca only
15 Oct (Tue)	Hari Raya Haji *	National
16 Oct (Wed)	Hari Raya Haji (2nd Day) *	Kedah, Kelantan, Perlis & Terengganu Only
24 Oct (Thu)	Sultan of Pahang's Birthday	Pahang only
2 Nov (Sat)	Deepavali	National except Sarawak & Labuan
5 Nov (Tue)	Awal Muharram (Maal Hijrah)	National
11 Nov (Mon)	Sultan of Kelantan's Birthday	Kelantan only
12 Nov (Tue)	Sultan of Kelantan's Birthday	Kelantan only
22 Nov (Fri)	Sultan of Johor's Birthday	Johor only
9 Dec (Mon)	Hari Hol Almarhum Sultan Johor	Johor only
11 Dec (Wed)	Sultan of Selangor's Birthday	Selangor only
25 Dec (Wed)	Christmas	National